

VISITOR GUIDELINES

****Effective Tuesday, January 6, 2026****

Visitation is recommended during the hours of 8am to 8pm to foster a healing environment for our patients.

CMH will use discretion and has the right to alter the guidelines at any time due to the well-being and safety of our patients.

- All Patients/caretakers/visitors should practice social distancing and proper hand hygiene while inside a CMH facility.
- Visiting should be postponed if a person is ill. Visitors must not have any symptoms of respiratory illness (COVID, flu, RSV) or other illness.
- Persons entering the facility (for services) experiencing respiratory symptoms are to wear a mask while in the facility.
- Clinical areas are as follows:
 - CMH will allow 2 visitors to be at the bedside/in a room at one time except for OB.
 - No visitors under the age of 14.
 - During flu season (October – March) no visitors under 18 years of age.
 - OB:
 - During Labor & Delivery the patient may have 3 visitors at the bedside/in a room at one time and may switch out. ** For the first 2 hours post-delivery there will be no switching out of the visitors that were present for delivery. This allows time for mom and baby to bond and time for the healthcare team to provide care.
 - Post-Partum (after 2 hours post-delivery) the patient may have 3 visitors at the bedside/in a room at one time. The 3 visitors may switch out.
 - Siblings of the baby will be allowed to visit per direction from the OB staff. Siblings must be accompanied by an adult at all times and must be free from any illness. They will remain in the patient's room through the entirety of their stay. They are not allowed to spend the night.
 - Doula and Certified Lactation Counselors (CLC) of patient are allowed and not counted within the 3 visitors.
 - Gynecology patients may have 3 visitors at the bedside/in a room at one time. The 3 visitors may switch out.
 - Acute Respiratory Illness patients (COVID, Flu, RSV) should be encouraged to limit visitation – discuss risks. Patient can have one visitor at bedside/in a room at one time.
 - Nursing staff to instruct visitors about possible risk of in-person visit, encourage alternatives such as phone calls, through window, etc.,
 - Nursing staff to discuss proper hand hygiene, limiting surfaces touched, distancing, and proper use of appropriate PPE with visitor prior to visitor going into room.
 - Nursing staff to instruct visitor to only visit patient room - minimize time spent in other areas of facility.
 - Deviations from these guidelines due to end of life/extenuating circumstances to be determined by Clinical area Leader or House Supervisors.
 - Each situation will be determined on an individual basis.
 - Clinical Leaders and/or House Supervisors can make exceptions as needed to the above guidelines. It may be necessary to limit visitors during certain situations.
 - No restrictions in the Clinics.